

BOW FOODBANK VOLUNTEER SESSIONS



BOW FOODBANK

Bromley-by-Bow Community Centre
St Leonard's Street
E3 3BT

- enter via Bruce Rd

Delivery
Sorting and
Bag Packing

Sunday
11am-1pm
1pm - 3pm

Sorting delivery and
donations
Packing food bags
for the next day

Small shift number -
flexible and regular
volunteering
available

Food Bank -
Food
Distribution
Day

Monday
7:30am-10am
10am - 1pm

Welcoming clients
and taking orders
Picking food and
managing stock

Regular core
volunteer team
Flexible spaces for
available volunteers

07398 776145



BETHNAL GREEN FOODBANK

Raine's Foundation School
Approach Road
E2 9LY

- enter via grey door on Bonner Rd side

Delivery
Sorting and
Bag Packing

Tuesday
11am -1 pm
1pm - 3pm

Sorting delivery and
donations
Packing food bags
for the next day

Regular small core
volunteer team
Flexible spaces for
available volunteers

Food Bank -
Food
Distribution
Day

Wednesday
1:30pm - 3:30pm
3:30pm - 5:30pm
5:30pm - 7:30pm

Welcoming clients
and taking orders
Picking food and
managing stock

Regular core
volunteer team
Flexible spaces for
available volunteers

volunteer@bowfoodbank.org

To sign up to volunteer with us visit the 'volunteer as an individual' section at BOWFOODBANK.ORG

We are only able to accept volunteers aged 18years and over